Prenatal Timeline

Calgary, AB

6-10 Weeks: First Prenatal Appointment

Please note that your care provider may recommend additional testing for a variety of reasons. All pregnant people have the right to an informed decision regarding every test.

6-12 Weeks: Blood & Urine Tests

This blood test is looking at your overall health (hemoglobin, blood type, rubella and varicella titre, TSH, HIV and syphilis screening, HepB antigen and HCG).. The urine test is looking for abnormal levels of sugar, protein and ketones as well as any signs of urinary tract infection.

11-13 Weeks: Ultrasound

This ultrasound is used to verify your estimated due date, whether you are having one or more babies, the health of your uterus, and assess baby's growth and development.

13-42 Weeks: Appointment Schedule

Most care providers will see patients every 4 weeks between 13-30 weeks, every 2 weeks between 30-36 weeks, and then every week from 36 weeks until your baby is born.

18-20 Weeks: Anatomy Ultrasound

During this ultrasound, they are checking on baby's growth and development, as well as assessing heart rate, movement, placenta function, and level of amniotic fluid.

24-28 Weeks: Diabetic Screening

During this procedure a blood sample will be taken an hour after drinking a sugary liquid to measure your glucose levels. Between 3-10% of women develop gestational diabetes. Using the same blood sample they will also test your hemoglobin, checking iron levels.

36 Weeks: Group B Strep

For this procedure, you or your primary care provider will take a swab of your vagina to test for a bacteria called Group Strep B. When women test positive for GBS, treatment with IV antibiotics in labour is recommended.